



Trampoline and
Gymnastics Club

Code of Conduct Gymnasts

Axis Trampoline & Gymnastics Club is fully committed to safeguarding and promoting the well-being of all our members. The Club believes it is important that members, staff and parents associated with the Club should, at all times show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to always be open and share any concerns or complaints that they may have about any aspect of the Club with any of the Club's Welfare Team.

Members are expected to abide by the following rules:

- Gymnasts are requested to train in suitable gymnastics attire, i.e., leotard and shorts. Gymnasts should wear comfortable clothing to allow freedom of movement while at the same time not being open, loose or floppy for safety reasons.
- Crop tops, training bras being worn on their own, backless leotards, unitards, and training topless are not considered to be appropriate attire.
- All members must participate within the rules and respect coaches, judges, other staff members and their decisions.
- All members must respect fellow club members and opponents at competitions.
- Gymnasts should keep to agreed timings for training and competitions or inform their coach if they are going to be late / absent.
- Gymnasts are required to arrive and depart from the gym suitably dressed, i.e., with coat in winter months, and with shoes on.
- Gymnasts must keep all long hair tied back.
- Gymnasts are not allowed to wear any jewellery during training sessions or competitive events (this includes body rings/bars, nose studs or small stud ear-rings). Newly pierced ear-rings may be taped for 6 weeks, but should then be removed after this time for training sessions.
- Gymnasts are asked to pay attention to their own personal hygiene, ensuring both they and their leotards/training clothing are clean. The use of deodorant is encouraged.
- Members must pay any fees for training or events promptly.
- Members must not smoke, consume alcohol or take drugs of any kind before/during training or whilst representing the club at competitions or other events.
- Members should treat all equipment with respect.
- Members must inform their coach of any injuries or illness they may have before the warm-up begins. Gymnasts must not train if they are unfit to do so.
- Members should not eat or chew gum during sessions, and should refrain from foul language.
- Gymnasts may be suspended from training, or permanently expelled should it be known that they bully other gymnasts, or engage in one-off incidents of peer-on-peer violence or aggression.
- Gymnasts of all ages must be brought into and collected from the gym by a responsible adult.
- Gymnasts under 16 must remain in the gym at the end of their session until met by their parents.
- Gymnasts must never work on any piece of equipment in the absence of a qualified coach.
- Axis Trampoline & Gymnastics Club cannot be held responsible for lost or stolen items. It is advisable for items of clothing to be labelled with the child's name and it is advisable to leave valuables at home. Lockers are available within the changing rooms.
- The management reserve the right to refuse entry and to enforce total bans.

Key Dates

Implemented: January 2015

Reviewed: May 2025



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